

DIRECTORATE OF SPORTS,
PANJAB UNIVERSITY CHANDIGARH
SPEED POST/REGD.

NO. _____/DS

Dated _____

The Principals of all the affiliated Colleges
& D.D.P.E., P.U., Chandigarh.

Sub: Panjab University Annual Athletic Meet for Men, Women, Evening & Education Colleges (Men) and Education (B.Ed.) Colleges (Women) for the session 2014-15.

Dear Sir/Madam,

Panjab University Annual Athletic Meet for Men, Women, Evening & Education Colleges (Men) and Education (B.Ed.) Colleges (Women) will be held from **17.11.2014 to 20.11.2014** starting at 9.00 a.m. in the Panjab University grounds, Chandigarh. A copy of tentative programme for the said meet is being enclosed herewith. The organizers will have the right to make any change in the programme if, necessary.

Please Note: Decathlon (Men), Heptathlon (Women), Walk & Half Marathon (Men & Women), 4x100 M. Relay & 4x400 M. Relay (Men & Women) will be organized along with P.U. Annual Athletic Meet from 17.11.2014 to 20.11.2014.

DETAILED ENTRY & ELIGIBILITY PROFORMA

Detailed Entry form and eligibility proforma of your athletic team must reach in the office of the undersigned latest by **10.11.2014 positively** failing which no athlete will be allowed to take part in the competition. A copy of Detailed Entry Form has already been sent to all the affiliated colleges in the beginning of the session. Each member of your team must carry with him/her the latest **Identity Card**, duly signed by the Principal and must be produced before the start of the event.

CHEST NUMBERS: The chest numbers will be distributed in the Managers Meeting on 16.11.2014 at 4.00 p.m. in P.U. Gymnasium Hall, Chandigarh.

As per the rules of Athletics Federation of India an athlete is allowed to participate in any of two Athletics Events and two Relays Races only.

The points to decide the Best Athlete during P.U. Inter College Annual Athletic Meet will be calculated as per the latest rules of Athletics Federation of India.

TECHNICAL HANDOUT FOR THE COMPETITION:

1. Competition will be held as per the rules and regulation adopted by the IAAF and the guidelines issued by AFI and AIU.
2. Synopsis of competition venue:
 - a) Eight lane grassy running track
 - b) One runway for Long Jump and Triple Jump
 - c) One runway for Pole Vault
 - d) One runway for High Jump
 - e) One Circle for Shot Put
 - f) One Circle for Discus Throw & Hammer Throw
3. **Warming up area:** Full fledged grassy warming up area is located at the northern side of main stadium.
4. **Equipments:** The IAAF/AFI certified equipments will be used in the competition. The organizers will supply all the official equipments for the championship. Use of personal equipments will be allowed under the condition specified in IAAF Rule 187.2. Team leaders are requested to submit such equipments to the TIC for necessary checking one day prior to the day of the competition. These equipments will then be available to all other competitors.

5. **Call Room:** Call room is located at the warming up area itself. All competitors will report at the call room before the 30 minutes of the start of that event and the athletes will be escorted by Liaison Officer to the venue of the competition.
6. **Final Confirmation:** Final confirmation form will be given to the team Managers/Coaches alongwith Chest Numbers and the same must be submitted at the technical desk as per details given below.

Date of tournament	Time of submission of Confirmation	Date of submission of Confirmation	Venue of submission of Confirmation
17.11.2014	5.00 p.m.	16.11.2014	Sports Department
18.11.2014	11.00 a.m.	17.11.2014	Technical Desk
19.11.2014	11.00 a.m.	18.11.2014	Technical Desk
20.11.2014	11.00 a.m.	19.11.2014	Technical Desk

Please Note: Once a participant is confirmed of his/her participation, must report for the event, failing which he/she will not be allowed to participate thereafter in any event. No team managers/coaches are allowed to move inside the competition arena.

7. **Failure to participate:** A competitor shall be excluded from participation in all further events in the competition, in case where:
 - a) A final confirmation is given that the athlete would start in an event but then failed to participate.
 - b) He/she qualified in preliminaries or heats for further participation in an event but then failed to participate further.

The provision of Medical Certificate endorsed by a Medical Officer may be accepted as sufficient reason to accept that the athlete is unable to compete in further events on a subsequent day of competition.

8. **Assembly of Athletes:** Assembly of athletes for March past will be held on 17.11.2014 at 8.00 a.m. for rehearsal in the P.U. Athletic Track. ***"It is compulsory for all the colleges to participate in the March past along with their college flag"***.

Important: No event shall be held if there are atleast three colleges are participating in a particular event. Kindly not that withdrawal of entry (i.e. detailed entry) will not be allowed after the start of the competition. If any college withdraw their entry after the start of the competition, the point/s for that game will not be included for the award of General Championship Trophy.

G.D. Sondhi Memorial Gold Medal will be awarded to the athletes who score points equal to the 3rd position of previous year's Inter University in Decathlon and Heptathlon events.

Teams from moffusil colleges should report at Panjab University Sports Hostel, Sector 14, Chandigarh for accommodation. Managers/coaches and players are requested to bring their own beddings. Team incharge are supposed to stay with their teams. Security money Rs. 1000/- will be charged from each team which will be refunded after getting the clearance certificate.

P.U. Athletics (M&W) teams will be selected during this championship for its participation in the Inter University tournament for the session 2014-15.

(Dr. Dalwinder Singh)
University Director of Phy. Edu.

CC to: Chief of University Security, Sh. Raj Pal Rana, Dr. Rakesh Kumar, Sh. C.P. Joshi, Sh. V.M. Anand, Sh. Hans Raj, Mrs. Daljeet Kaur, Sh. Puran Mashhi, Sh. Sri Narayan, Sh. Narayan Singh, Sh. Munna Ram, Sh. Kulwinder Singh, for information and necessary action

PANJAB UNIVERSITY ANNUAL ATHLETICS MEET 2014-15

ASSEMBLY OF ATHLETES: 8.00 A.M.

INAUGURATION: 9.00 A.M.

17th NOVEMBER, 2014 (Monday) DAY-1

Event No.	Time	Event	Category	Round
101	10.00 AM	100 M	Men	Heats
102	10.00 AM	Shot Put	Men (Eve. & Edu.)	Final
103	10.15 AM	Pole Vault	Men	Final
104	10.30 AM	100 M	Women	Heats
105	11.00 AM	100 M	Men (Eve. & Edu.)	Heats
106	11.00 AM	Shot Put	Women (only B.Ed.)	Final
107	11.00 AM	100 M	Women (only B.Ed.)	Heats
108	11.45 AM	100 M	Men	Semi-Final
109	12.00 Noon	100 M	Women	Semi-Final
110	12.00 Noon	Shot Put	Men	Final
111	12.00 Noon	800 M	Men (Eve. & Edu.)	Heats
112	12.15 PM	800 M	Women (only B.Ed.)	Heats
113	12.30 PM	800 M	Men	Heats
114	12.45 PM	800 M	Women	Heats
115	12.55 PM	100 M	Men (Eve. & Edu.)	Final
116	1.05 PM	100 M	Women (only B.Ed.)	Final
117	1.15 PM	Shot Put	Women	Final
118	1.30 PM	10000 M	Women	Final
119	2.15 PM	100 M	Men	Final
120	2.20 PM	100 M	Women	Final
121	2.30 PM	800 M	Men	Final
122	2.35 PM	800 M	Women	Final
123	2.40 PM	800 M	Men (Eve. & Edu.)	Final
124	2.50 PM	800 M	Women (only B.Ed.)	Final
125	3.00 PM	10000M	Men	Final
		Medal Ceremony		

PANJAB UNIVERSITY ANNUAL ATHLETICS MEET 2014-15

18th NOVEMBER, 2014 (Tuesday) DAY-2

Event No.	Time	Event	Category	Round
201	09.30 AM	100 M Hurdles	Women	Heptathlon Event-1
202	09.45 AM	100 M	Men	Decathlon Event-1
203	10.00 AM	400 M	Men	Heats
204	10.00 AM	Discus Throw	Men	Final
205	10.15 AM	High Jump	Women	Heptathlon Event-2
206	10.30 AM	Long Jump	Men	Decathlon Event-2
207	10.30 AM	400 M	Women	Heats
208	11.15 AM	Long Jump	Men	Final
209	11.30 AM	400 M	Men (Eve. & Edu.)	Heats
210	11.45 AM	400 M	Women (only B.Ed.)	Heats
211	12.00 Noon	Shot Put	Women	Heptathlon Event-3
212	12.00 Noon	Discus Throw	Women	Final
213	12.15 PM	400 M	Men	Semi Final
214	12.30 PM	400 M	Women	Semi Final
215	12.30 PM	Long Jump	Women	Final
216	12.30 PM	Shot Put	Men	Decathlon Event-3
217	1.00 PM	Discus Throw	Men (Eve. & Edu.)	Final
218	1.30 PM	5000 M	Men	Final
219	1.30 PM	Long Jump	Women (only B.Ed.)	Final
220	1.30 PM	High Jump	Men	Decathlon Event-4
221	2.00 PM	200 M	Women	Heptathlon Event-4
222	2.00 PM	Discus Throw	Women (only B.Ed.)	Final
223	2.30 PM	Long Jump	Men (Eve. & Edu.)	Final
224	2.30 PM	400 M	Men	Final
225	2.40 PM	400 M	Women	Final
226	2.50 PM	400 M	Women (only B.Ed.)	Final
227	3.00 PM	400 M	Men (Eve. & Edu.)	Final
228	3.10 PM	400 M	Men	Decathlon Event-5
229	3.20 PM	5000 M	Women	Final
		Medal Ceremony		

PANJAB UNIVERSITY ANNUAL ATHLETICS MEET 2014-15

19th NOVEMBER, 2014 (Wednesday) DAY-3

Event No.	Time	Event	Category	Round
301	06.30 AM	20 KM Walk	Men	Final
302	07.00 AM	05 KM Walk	Women	Final
303	09.30 AM	110 M Hurdles	Men	Decathlon Event-6
304	09.45 AM	Long Jump	Women	Heptathlon Event-5
305	09.45 AM	Hammer Throw	Men	Final
306	09.45 AM	4x100 M Relay	Men	Heats
307	10.00 AM	4x100 M relay	Women	Heats
308	10.30 AM	High Jump	Men (Eve. & Edu.)	Final
309	10.30 AM	400 M Hurdles	Men	Heats
310	10.45 AM	Discus Throw	Men	Decathlon Event-7
311	11.00 AM	400 M Hurdles	Women	Heats
312	11.30 AM	Hammer Throw	Women	Final
313	11.30 AM	High Jump	Women (only B.Ed.)	Final
314	12.15 PM	Javelin Throw	Women	Heptathlon Event-6
315	12.30 PM	Pole Vault	Men	Decathlon Event-8
316	1.15 PM	400 M Hurdles	Men	Final
317	1.30 PM	High Jump	Women	Final
318	1.30 PM	400 M Hurdles	Women	Final
319	1.45 PM	800 M	Women	Heptathlon Event-7
320	2.00 PM	Javelin Throw	Men	Decathlon Event-9
321	2.00 PM	1500 M	Men	Heats
322	2.15 PM	1500 M	Women	Heats
323	2.30 PM	High Jump	Men	Final
324	2.45 PM	1500 M	Men (Eve. & Edu.)	Final
325	3.15 PM	1500 M	Men	Decathlon Event-10
326	3.30 PM	4x100 M Relay	Men	Final
327	3.45 PM	4x100 M Relay	Women	Final
		Medal Ceremony		

PANJAB UNIVERSITY ANNUAL ATHLETICS MEET 2014-15

20th NOVEMBER, 2014 (Thursday) DAY-4

Event No.	Time	Event	Category	Round
401	06.30 AM	Half Marathon	Men	Final
402	07.00 AM	Half Marathon	Women	Final
403	10.00 AM	110 M Hurdles	Men	Heats
404	10.30 AM	100 M Hurdles	Women	Heats
405	10.45 AM	4x400 M Relay	Men	Heats
406	11.00 AM	4x400 M Relay	Women	Heats
407	11.15 AM	200 M	Women (only B.Ed.)	Heats
408	11.30 AM	200 M	Men (Eve. & Edu.)	Heats
409	11.30 AM	Javelin Throw	Men (Eve. & Edu.)	Final
410	11.45 AM	200 M	Men	Heats
411	12.00 Noon	200 M	Women	Heats
412	12.00 Noon	Javelin Throw	Women (only B.Ed.)	Final
413	12.20 PM	110 M Hurdles	Men	Final
414	12.45 PM	100 M Hurdles	Women	Final
415	1.00 PM	Triple Jump	Women	Final
416	1.00 PM	Javelin Throw	Women	Final
417	1.00 PM	200 M	Women (only B.Ed.)	Final
418	1.15 PM	200 M	Men (Eve. & Edu.)	Final
419	1.30 PM	200 M	Men	Semi Final
420	1.45 PM	200 M	Women	Semi Final
421	1.45 PM	Triple Jump	Men	Final
422	2.00 PM	Javelin Throw	Men	Final
423	2.30 PM	1500 M	Men	Final
424	2.45 PM	1500 M	Women	Final
425	3.00 PM	200 M	Men	Final
426	3.10 PM	200 M	Women	Final
427	3.20 PM	4x100 M Relay	Men (Eve. & Edu.)	Final
428	3.30 PM	4x100 M Relay	Women (only B.Ed.)	Final
429	3.40 PM	4x400 M Relay	Men	Final
430	3.50 PM	4x400 M Relay	Women	Final
		Medal Ceremony		

DIRECTORATE OF SPORTS
PANJAB UNIVERSITY CHANDIGARH

No. _____/DS

Registered/Speed Post

Dated: _____

All the members of Panjab University Athletics (Men & Women) Club for the year 2014-15.

Sub: Selection of P.U. Athletics (Men & Women) Team 2014-15.

Dear Sir/Madam,

Panjab University Inter College Athletics (Men & Women) championship will be held from 17.11.2014 to 20.11.2014 starting at 10.00 a.m. at P.U. grounds, Chandigarh. The following have been nominated as members of the University Athletics (Men & Women) club. Kindly make it convenient to be present from 17.11.2014 to 20.11.2014 by 10.00 a.m. at P.U. Grounds, Chandigarh to watch the performance of the teams and help us to select the Panjab University Athletics (Men & Women) teams. Your TA/DA and sitting charges will be paid by this office as per University rules. Kindly acknowledge the receipt of this letter and confirm your availability.

Thanking you,

Yours sincerely,

(Dr. Dalwinder Singh)
University Director of Phy. Edu.

MEMBERS

1. Pl. (Dr.) Gurjit Kaur	P.G. Govt. College, Sec. 46, Chd.	Chairperson
2. Dr. Gurmeet Singh	Asso. Prof. Deptt. of Phy. Edu., P.U. Chd.	Hony. Secy.
3. Dr. Sukhpal Kaur	Kh. College for Women, Ludhiana	Member
4. Dr. Lakhwinder Singh	SGGS Kh. College, Mahilpur (Hspr.)	Member
5. Dr. Th. Nandalal Singh	Asstt. Prof. Deptt. of Phy. Edu., P.U. Chd	Member
6. Sh. Ram Niwas	P.G. G.C.G. Sector-42, Chandigarh	Member
7. Dr. Ajit Singh	P.G. Govt. College, Sec. 1, Chandigarh	Member
8. Sh. Jasvir Singh	SAI, Athletics Coach, U.T. Chandigarh	Co-opt. Member

DIRECTORATE OF SPORTS
PANJAB UNIVERSITY CHANDIGARH

No. _____/DS

Registered/Speed Post

Dated: _____

The Principals
All the participating colleges &
DDPE Campus Sports, P.U. Chd.

Sub: Panjab University Inter College Wrestling (Men & Women) Tournament 2014-15.

Dear Sir/Madam,

Panjab University Inter College Wrestling (Men & Women) Tournament will be held at P.U. Gymnasium Hall, Chandigarh as per schedule given below. Once a competitor shall be scaled, his/her weight will be recorded for classification for the corresponding weight class.

SCHEDULE FOR WOMEN TOURNAMENT – VENUE – P.U. GYMNASIUM HALL

- | | | |
|----|--------------|--------------------------------------|
| 1. | Trial Weight | 2.00 p.m. to 3.00 p.m. on 21.11.2014 |
| 2. | Weighing in | 3.00 p.m. to 4.00 p.m. on 21.11.2014 |
| 3. | Tournament | 9.00 a.m. on 22.11.2014 |

The competition for Women shall be conducted in the following weight classes.

- | | | | | |
|-----------|-----------|-----------|-----------|-----------|
| 1. 48 Kg. | 2. 51 Kg. | 3. 55 Kg. | 4. 59 Kg. | 5. 63 Kg. |
| 6. 67 Kg. | 7. 72 Kg. | | | |

SCHEDULE FOR MEN TOURNAMENT – VENUE – P.U. GYMNASIUM, HALL

- | | | |
|----|--------------|--------------------------------------|
| 1. | Trial weight | 2.00 p.m. to 3.00 p.m. on 22.11.2014 |
| 2. | Weighing in | 3.00 p.m. to 4.00 p.m. on 22.11.2014 |
| 3. | Tournament | 9.00 a.m. on 23.11.2014 |

The competition for Men shall be conducted in the following weight classes.

- | | | | | |
|-----------|-----------|------------|-----------|-----------|
| 1. 50 Kg. | 2. 55 Kg. | 3. 60 Kg. | 4. 66 Kg. | 5. 74 Kg. |
| 6. 84 Kg. | 7. 96 Kg. | 8. 120 Kg. | | |

Please send the detailed entry form and eligibility proforma of your college team latest by 17.11.2014 positively, failing which no wrestler will be allowed to take part in the tournament. Each member of your team must carry with him/her the latest Identity Card duly signed by the Principal and must be produced at the time of weighing in as well as start of the event otherwise team will not be allowed to participate.

Teams from moffusil colleges should report at Panjab University sports hostel, Chandigarh for accommodation. Managers/coaches and players are requested to bring their own beddings. Team incharge are supposed to stay with their teams. Security money Rs. 1000/- will be charged from each team which will be refunded after getting the clearance certificate. Principals of moffusil colleges are requested to send the authority letter along with team which consist an information regarding name and numbers of coaches/managers and students for accommodation purpose.

All wrestlers shall be dressed in proper wrestling kit. A college shall be permitted to enter one competitor for each weight class. No competition shall be held where the individuals of different colleges are less than three. Withdrawal will not be allowed in any weight category after weighing in. If any college withdraws their player/s, the point/s for that game will not be included for the award of General Championship trophy.

The Organizing Secretary reserves the right to make changes in schedule of the tournament. In the event of any dispute the decision of the Organizing Secretary shall be final.

P.U. Wrestling (Men & Women) team will be selected for its participation in the Inter University tournament 2014-15 during this tournament.

(Dr. Dalwinder Singh)
University Director of Phy. Edu.

Copy to: Sh. Raj Pal Rana, Sh. C.P. Joshi, Dr. Rakesh Kumar, Sh. V.M. Anand, Sh. Hans Raj, Mrs. Daljit Kaur, Sh. Kulwinder Singh, Sh. Narain Singh, Sh. Puran Mashi, Sh. Lachhman Dass, Sh. Hira Singh for information n/a.

DIRECTORATE OF SPORTS
PANJAB UNIVERSITY CHANDIGARH

No. _____/DS

Registered/Speed Post

Dated: _____

All the members of Panjab University Wrestling (Men & Women) Club for the year 2014-15.

Sub: Selection of P.U. Wrestling (Men & Women) Team 2014-15.

Dear Sir/Madam,

Panjab University Inter College Wrestling (Men & Women) tournament will be held from 22.11.2014 to 23.11.2014 starting at 9.00 a.m. at P.U. Gymnasium hall, Chandigarh. The following have been nominated as members of the University Wrestling (Men & Women) club. Kindly make it convenient to be present from 22.11.2014 to 23.11.2014 by 9.00 a.m. at Gymnasium hall, Chandigarh to watch the performance of the teams and help us to select the Panjab University Wrestling (Men & Women) teams. Your TA/DA and sitting charges will be paid by this office as per University rules. Kindly acknowledge the receipt of this letter and confirm your availability.

Thanking you,

Yours sincerely,

(Dr. Dalwinder Singh)
University Director of Phy. Edu.

MEMBERS

- | | | |
|--------------------------------------|--|----------------|
| 1. Pl. (Dr.) Satwinder Singh Dhillon | Khalsa College, Garhdiwala (Hsr.) | Chairperson |
| 2. Dr. Safri Lal | GGD SD College, Chandigarh | Hony. Secy. |
| 3. Dr. (Mrs.) Surinder Kaur | Dev Samaj College (W), Sec. 45, Chandigarh | Member |
| 4. Sh. R. S. Kundu | SAI, Wrestling Coach, Zirakpur | Co-Opt .Member |

**DIRECTORATE OF SPORTS
PANJAB UNIVERSITY CHANDIGARH
PANJAB UNIVERSITY SPORTS TOURNAMENT 2014-15.
KHO-KHO FIXTURES, (MEN)**

No. _____/DS **REGISTERED/SPEED POST** Dated _____.

- P.U. C.C. N.S.W. Moga (R)-----
- | | | |
|-----|--|-----------|
| | | 23.11.14 |
| 1. | Govt. College, Hoshiarpur-Bye----- | (9 am) |
| | 22.11.14 | ----- |
| 2. | G.N. Kh. College, Abohar-Bye----- | |
| 3. | SCD Govt. College, Ldh.----- | |
| | 22.11.14 | ----- |
| 4. | P.G. Govt. College, Sec. 46, Chd.----- | |
| | 22.11.14 | ----- |
| 5. | R.S.D. College, Ferozepur-Bye----- | 23.11.14 |
| | DAV College, Chandigarh----- | (10 am) |
| | P.U. Campus, Chandigarh----- | |
| | | 23.11.14 |
| 6. | G.N. College, Ferozepur-Bye----- | (11 am) |
| | 22.11.14 | ----- |
| 7. | Govt. College, Muktsar----- | |
| | 22.11.14 | ----- |
| 8. | P.G. Govt. College, Sec. 11, Chd.----- | |
| 9. | GTB National College, Dakha-Bye----- | |
| | 22.11.14 | ----- |
| 10. | MGKM S.S. P.E. Jhakroudi-Bye----- | 23.11.14 |
| | SGGS College, Chandigarh (W)----- | (12 noon) |

NOTE: Teams playing matches on 22.11.2014 are required to report at P.U. grounds, Chandigarh at 9.00 a.m. The matches will start at 9.30 am sharp.

P.T.O.

LEAGUE MATCHES

NOTE: Winners of A,B, C & D will qualify for league matches

1.	A	Vs	B	23.11.2014	2.30 p.m.
2.	C	Vs	D	23.11.2014	3.30 p.m.
3.	A	Vs	C	24.11.2014	9.30 a.m.
4.	B	Vs	D	24.11.2014	10.30 a.m.
5.	B	Vs	C	24.11.2014	2.30 p.m.
6.	A	Vs	D	24.11.2014	3.30 p.m.

NOTES

1. All the matches will be played at P.U. Grounds, Chandigarh on the dates mentioned against each.
2. Teams are required to report at the venue of the competition at least 30 minutes before the start of the match.
3. Officiating charges up to quarter final matches will be equally shared by the participating teams on the spot.
4. Each member of your team carry with him/ her the latest Identity Card duly signed by the Principal and must be produced at the time of tournament otherwise team will not be allowed to participate. Teams from moffusil colleges should report at P.U. Sports Hostel, Sector-14, Chandigarh for accommodation. Managers/coaches and players are requested to bring their own beddings. Team incharge are supposed to stay with their teams. Security money Rs. 1000/- will be charged from each team which will be refunded after getting the clearance certificate. Principals of moffusil colleges are requested to send the authority letter along with team which consist information regarding name and numbers of manager/coaches and students for accommodation purpose.
5. The Organizing Secretary reserve the right to make changes in schedule of the competition. In the event of any dispute the decision of the Organizing Secretary shall be final.
6. The trials for the selection of P.U. Kho-Kho (Men) team for its participation in Inter University championship will be held on 24.11.2014 at P.U. Grounds, Chandigarh starting at 4.00 p.m. Outstanding Kho-Kho players of your college (if any) may be advised to report for the trials on the date, time and venue mentioned above. The trial fee @ Rs. 50/- per head shall be charged. Kindly submit the eligibility proforma of your players to this office for verification before trials.

NOTE: The participating colleges will submit attested photocopies of D.M.C. of 10+2 in case the player is studying in U.G. course and that of 10+2 and Graduation if the player is studying in P.G. course, to the University Director of Phy. Edu. Panjab University, Chandigarh duly attested by the Principal of the college.

(Dr. Dalwinder Singh)
University Director of Phy. Edu.

Copy to: Sh. Raj Pal Rana, Sh. C.P. Joshi, Sh. V.M. Anand, Sh. Hans Raj, Mrs. Daljeet Singh,
Sh. Puran Mashi, Sh. Narain Singh, Sh. Kulwinder Singh for information & n/c.

DIRECTORATE OF SPORTS
PANJAB UNIVERSITY CHANDIGARH

No. _____/DS

Registered/Speed Post

Dated: _____

All the members of Panjab University Kho-Kho (Men & Women) Club for the year 2014-15.

Sub: Selection of P.U. Kho-Kho (Men & Women) Team 2014-15.

Dear Sir/Madam,

Panjab University Inter College Inter Zonal Kho-Kho (Men) tournament will be held from 23.11.2014 to 24.11.2014 starting at 9.30 a.m. on 23.11.2014 at Panjab University grounds, Chandigarh. The following have been nominated as members of the University Kho-Kho (Men) club. Kindly make it convenient to be present from 23.11.2014 to 24.11.2014 by 9.30 a.m. at Panjab University grounds, Chandigarh to watch the performance of the teams and help us to select the Panjab University Kho-Kho (Men) team. Your TA/DA and sitting charges will be paid by this office as per University rules. Kindly acknowledge the receipt of this letter and confirm your availability.

Thanking you,

Yours sincerely,

(Dr. Dalwinder Singh)
University Director of Phy. Edu.

MEMBERS

1. Pl. (Dr.) Jyoti khanna	Dev Samaj College of Edu. (W) Sec. 36, Chd.	Chairperson
2. Dr. Jayant N. Pethkar	School of Comm. Studies, P.U. Chandigarh	Hony. Secy.
3. Dr. Parveen Gahlot	PG G.C.G., Sec. 42, Chandigarh	Member
4. Dr. (Mrs.) Amandeep Kaur	GGs College for Women, Sec. 26, Chd.	Member
5. Sh. Sanjeev Sharma	SAI, KH-Kho/Kabaddi Coach, P.U. Chd.	Co-opt. Member

**DIRECTORATE OF SPORTS
PANJAB UNIVERSITY CHANDIGARH
PANJAB UNIVERSITY SPORTS TOURNAMENT 2014-15.
FOOTBALL FIXTURES (MEN) B-DIVISION**

No. _____/DS **REGISTERED/SPEED POST** Dated _____.
REVISED SCHEDULE

1. LLR Govt. College, Dhudike (R)-Bye-----	12.11.14	
2. BSSG College, Sidhsar-----	(9 AM)	-----
11.11.14	-----	
3. Sri Aurobindo Coll. Comm. & Mgt. Ldh-----		
		13.11.14
4. Govt. College of Arts, Sec. 10, Chd.-----		(9.30 AM)
11.11.14	-----	
5. Govt. C.C. & Buss. Admn. Sec. 42, Chd.-----	12.11.14	
	(11 AM)	-----
6. P.U. C.C. Nihal Singh Wala, Moga-----		FINAL
11.11.14	-----	14.11.2014
7. Sri Ram College, Dalla-----		(9.30 AM)
8. Govt. College, Karamsar-Bye-----		
	12.11.14	-----
9. Chd. College of Arch. Chandigarh-----	(1 PM)	
11.11.14	-----	
10. MGKM SS P.E. Jhakroudi-----		
		13.11.14
11. GTB National College, Dakha-----		(11.30 AM)
11.11.14	-----	
12. P.U. Regional Centre, Ldh.-----	12.11.14	-----
	(3 PM)	
13. G.N. College, Narangwal (W)-Bye-----		

NOTE: ALL THE TEAMS PLAYING THEIR MATCHES ON 11.11.2014 ARE REQUESTED TO REPORT AT P.U. GROUNDS, CHANDIGARH AT 8.30 A.M. THE MATCHES WILL START AT 9.00 A.M. SHARP.

MATCH FOR 3RD & 4TH PLACE WILL BE HELD IF AT LEAST 10 TEAMS ACTUALLY PARTICIPATE IN THIS TOURNAMENT.

NOTES

1. Teams shall bring their own Footballs
 2. All Teams are requested to report at the venue of the competition at 8.30 am every day. The match will start at 9.00 am sharp.
 3. Officiating charges upto quarter final matches will be equally shared by the participating teams on the spot.
 4. Each member of your team carry with him/her the latest Identity Card duly signed by the Principal and must be produced at the time of tournament otherwise team will not be allowed to participate.
- P.T.O.
5. Teams from moffusil colleges should report at P.U. Sports Hostel, Sector-14, Chandigarh for accommodation. Managers/coaches and players are requested to bring their own beddings. Team

incharge are supposed to stay with their teams. Security money Rs. 1000/- will be charged from each team which will be refunded after getting the clearance certificate. Principals of moffusil colleges are requested to send the authority letter along with team which consist information regarding name and numbers of manager/coaches and students for accommodation purpose.

6. The Organizing Secretary reserve the right to make changes in schedule of the competition. In the event of any dispute the decision of the Organizing Secretary shall be final.

7. Trials for the selection of P.U. Football (Men) team for its participation in the Inter University tournament will be held on 10.11.2014 at 2.00 p.m. at P.U. Grounds, Chandigarh. Trials fee @ Rs. 50/- per head shall be charged.

NOTE: The participating colleges will submit attested photocopies of D.M.C. of 10+2 in case the player is studying in U.G. course and that of 10+2 and Graduation if the player is studying in P.G. course, to the University Director of Phy. Edu. Panjab University, Chandigarh duly attested by the Principal of the college.

(Dr. Dalwinder Singh)
University Director of Phy. Edu.

Copy to: Sh. Raj Pal Rana, Sh. C.P. Joshi, Dr. Rakesh Kumar, Physiotherapist, Sh. Hans Raj, Sh. Puran Mashi, Sh.Hira Singh, Sh. Narain Singh, Sh. Kulwinder Singh for information & n/c.

**DIRECTORATE OF SPORTS
PANJAB UNIVERSITY CHANDIGARH
PANJAB UNIVERSITY SPORTS TOURNAMENT 2014-15.
TENNIS FIXTURES (WOMEN)**

No. _____/DS **REGISTERED/SPEED POST** Dated _____.

P.U. Campus, Chd. (R)-Bye-----	12.11.14 -----	
Chd. Colleg of Arch. Chd.-----	(2.30 pm)	
GGD SD College, Chd. (LSF)-----	12.11.14 (9.30 am) -----	3 rd & 4 th Place
PG G.C.G. Sec. 11, Chd. (LSF)-----	12.11.14 (10.30 am) -----	13.11.14 (9.30 am)
K.C.W. Ludhiana-----	12.11.14	FINAL
MCM DAV College (W), Chd.-Bye-----	(3.30 pm) -----	13.11.14 (10.30 am)

NOTES

1. All the matches will be played at P.U. Grounds, Chandigarh on the dates & time mentioned against each. Teams are requested to report at the venue of the competition at least 30 minutes before the start of the match.
2. Officiating charges upto quarter final matches will be equally shared by the participating teams on the spot.
3. Teams shell bring their own Tennis balls of Willson Championship/Head/Pen make/brnad.
4. Each member of your team carry with him/her the latest Identity Card duly signed by the Principal and must be produced at the time of tournament otherwise team will not be allowed to participate.
5. Teams from moffusil colleges should report at P.U. Sports Hostel, Sector-14, Chandigarh for accommodation. Managers/coaches and players are requested to bring their own beddings. Team incharge are supposed to stay with their teams. Security money Rs. 1000/- will be charged from each team which will be refunded after getting the clearance certificate. Principals of moffusil colleges are requested to send the authority letter along with team which consist information regarding name and numbers of manager/coaches and students for accommodation purpose.

P.T.O.

6. The Organizing Secretary reserve the right to make changes in schedule of the competition. In the event of any dispute the decision of the Organizing Secretary shall be final.

7. Trials for the selection of P.U. Tennis (Women) team for its participation in the Inter University tournament will be held on 13.11.2014 at P.U. Grounds, Chandigarh at 11.30 am. Trials fee @ Rs. 50/- per head shall be charged.

NOTE: The participating colleges will submit attested photocopies of D.M.C. of 10+2 in case the player is studying in U.G. course and that of 10+2 and Graduation if the player is studying in P.G. course, to the University Director of Phy. Edu. Panjab University, Chandigarh duly attested by the Principal of the college.

(Dr. Dalwinder Singh)
University Director of Phy. Edu.

Copy to: Sh. Raj Pal Rana, Sh. C.P. Joshi, Sh. Hans Raj, Sh. V.M. Anand, Mrs. Daljeet Kaur,
Sh. Puran Mashi, Sh. Hira Singh, Sh. Dinesh Kumar, Sh. Narain Singh,
Sh. Kulwinder Singh for information & n/c.

**DIRECTORATE OF SPORTS
PANJAB UNIVERSITY CHANDIGARH
PANJAB UNIVERSITY SPORTS TOURNAMENT 2014-15.
BALL BADMINTON FIXTURES, (MEN)**

No.	_____ / DS	REGISTERED/SPEED POST	Dated _____.
	GGD S.D. College, Chd. (R)-----	24.11.14 (11.30 am) -----	
1.	G.N. College, Narangwal-Bye-----		25.11.14 -----
2.	DAV College, Malout-----	24.11.14 (9.30 am) -----	(9.30 am)
3.	M.B.G. Govt. College, Pojewal-----	24.11.14 -----	
	D.M. College, Moga (LSF)-----	(2.30 am)	25.11.14 3 rd & 4 th Place (1.00 pm)
	P.U. Campus, Chd. (LSF)-----		FINAL (2.00 pm)
4.	P.G. Govt. College Sec. 46, Chd.-----	24.11.14 (3.30 pm) -----	
		24.11.14 (10.30 am) -----	
5.	PUCC Nihal Singh Wala (Moga)-----		25.11.14 ----- (10.30 am)
6.	S.P. College, Mukerain-Bye-----	24.11.14 (12.30 pm) -----	
	SGGS College, Chd. (W)-----		

NOTES

1. All the matches will be played at P.U. Grounds, Chandigarh on the dates mentioned against each.
2. Teams are required to report at the venue of the competition at least 30 minutes before the start of the match.
3. Officiating charges up to quarter final matches will be equally shared by the participating teams on the spot.
4. Each member of your team carry with him/ her the latest Identity Card duly signed by the Principal and must be produced at the time of tournament otherwise team will not be allowed to participate. Teams from moffusil colleges should report at P.U. Sports Hostel, Sector-14, Chandigarh for accommodation. Managers/coaches and players are requested to bring their own beddings. Team incharge are supposed to stay with their teams. Security money Rs. 1000/- will be charged from each team which will be refunded after getting the clearance certificate. Principals of moffusil colleges are requested to send the authority letter along with team which consist information regarding name and numbers of manager/coaches and students for accommodation purpose.
5. The Organizing Secretary reserve the right to make changes in schedule of the competition. In the event of any dispute the decision of the Organizing Secretary shall be final.

6. The trials for the selection of P.U. Ball Badminton (Men) team for its participation in Inter University championship will be held on 25.11.2014 at P.U. Grounds, Chandigarh starting at 3.00 p.m. Outstanding Ball Badminton players of your college (if any) may be advised to report for the trials on the date, time and venue mentioned above. The trial fee @ Rs. 50/- per head shall be charged. Kindly submit the eligibility proforma of your players to this office for verification before trials.

NOTE: The participating colleges will submit attested photocopies of D.M.C. of 10+2 in case the player is studying in U.G. course and that of 10+2 and Graduation if the player is studying in P.G. course, to the University Director of Phy. Edu. Panjab University, Chandigarh duly attested by the Principal of the college.

(Dr. Dalwinder Singh)
University Director of Phy. Edu.

Copy to: Sh. Raj Pal Rana, Sh. C.P. Joshi, Sh. V.M. Anand, Sh. Hans Raj, Mrs. Daljeet Singh,
Sh. Puran Mashi, Sh. Narain Singh, Sh. Kulwinder Singh for information & n/c.

DIRECTORATE OF SPORTS
PANJAB UNIVERSITY CHANDIGARH

No. _____/DS

Registered/Speed Post

Dated: _____

All the members of Panjab University Ball Badminton (Men & Women) Club for the year 2014-15.

Sub: Selection of P.U. Ball Badminton (Men & Women) Team 2014-15.

Dear Sir/Madam,

Panjab University Inter College Ball Badminton (Men) tournament will be held from 24.11.2014 to 25.11.2014 starting at 9.30 a.m. on 24.11.2014 at Panjab University grounds, Chandigarh. The following have been nominated as members of the University Ball Badminton (Men) club. Kindly make it convenient to be present on 25.11.2014 by 9.30 a.m. at Panjab University grounds, Chandigarh to watch the performance of the teams and help us to select the Panjab University Ball Badminton (Men) team. Your TA/DA and sitting charges will be paid by this office as per University rules. Kindly acknowledge the receipt of this letter and confirm your availability.

Thanking you,

Yours sincerely,

(Dr. Dalwinder Singh)
University Director of Phy. Edu.

MEMBERS

- | | | |
|-----------------------------------|--|----------------|
| 1. Pl. (Dr.) Bhushan Kumar Sharma | GGD SD College, Sec. 32, Chandigarh | Chairperson |
| 2. Mrs. Promila Saini | JC DAV College, Dasuya (Hoshiarpur) | Hony. Secy. |
| 3. Sh. Manish Marwaha | Sri Aurobindo College of Comm. & Mgt. Ldh. | Member |
| 4. Mrs. Suristha Devi | GGG College of Edu. Gidderbaha (Mkt.) | Member |
| 5. Sh. Sewa Singh | Education Deptt. UT, Chandigarh | Co-opt. Member |

**DIRECTORATE OF SPORTS
PANJAB UNIVERSITY CHANDIGARH
PANJAB UNIVERSITY SPORTS TOURNAMENT 2014-15.
BASKETBALL FIXTURES, (MEN) A-DIVISION**

No. _____/DS **REGISTERED/SPEED POST** Dated _____.

SCD Govt. College, Ldh. (R)-----		
	24.11.14	
1. P.U. SSG R.C. Hoshiarpur-Bye-----	(9 am)	-A-

2. SGGS Kh. College, Mahilpur-----	23.11.14	
	23.11.14	
3. P.G. Govt. College, Sec. 11, Chd.-----		
4. MMD DAV College, Gidderbaha-----		
	23.11.14	
5. BAM Kh. College, Garhshankar-----	23.11.14	

6. DAV College, Abohar-Bye-----	24.11.14	-B-
	(10 am)	
SGGS College, Chd. (LSF)-----		
P.U. Campus, Chd. (LSF)-----		
	24.11.14	
7. G.N. College, Ferozepur-Bye-----	(11 am)	-C-

8. Sh. Atam Vallabh College, Ldh.-----	23.11.14	
	23.11.14	
9. GKSM Govt. College, Tanda Umar-----		
10. DAV College, Chandigarh-----		
	23.11.14	
11. G.G.N. Kh. College, Ludhiana-----	23.11.14	

12. C.C.E.T. Sec. 26, Chandigarh-Bye-----	24.11.14	-D-
	(12 Noon)	
GGD SD College, Chandigarh (W)-----		

NOTE: ALL THE TEAMS PLAYING THEIR MATCHES ON 23.11.2014 ARE REQUESTED TO REPORT AT P.U. GROUNDS AT 8.30 A.M. THE MATCHES WILL START AT 9.00 A.M. SHARP.

P.T.O.

LEAGUE MATCHES

NOTE: Winners of A,B, C & D will qualify for league matches

1.	A	Vs	B	25.11.2014	8.30 a.m.
2.	C	Vs	D	25.11.2014	9.30 a.m.
3.	A	Vs	C	25.11.2014	3.00 p.m.
4.	B	Vs	D	25.11.2014	4.00 p.m.
5.	B	Vs	C	26.11.2014	9.30 a.m.
6.	A	Vs	D	26.11.2014	10.30 a.m.

NOTES

1. All the matches will be played at P.U. Grounds, Chandigarh on the dates mentioned against each.
2. Teams shall bring their own Basketballs.
3. Teams are required to report at the venue of the competition at least 30 minutes before the start of the match.
4. Officiating charges upto quarter final matches will be equally shared by the participating teams on the spot.
5. Each member of your team carry with his/her the latest Identity Card duly signed by the Principal and must be produced at the time of tournament otherwise team will not be allowed to participate. Teams from moffusil colleges should report at P.U. Sports Hostel, Sector-14, Chandigarh for accommodation. Managers/coaches and players are requested to bring their own beddings. Team incharge are supposed to stay with their teams. Security money Rs. 1000/- will be charged from each team which will be refunded after getting the clearance certificate. Principals of moffusil colleges are requested to send the authority letter along with team which consist information regarding name and numbers of manager/coaches and students for accommodation purpose.
6. The Organizing Secretary reserve the right to make changes in schedule of the competition. In the event of any dispute the decision of the Organizing Secretary shall be final.
7. Trials for the selection of P.U. Basketball (Men) team for its participation in the Inter University tournament will be held on 26.11.2014 at 11.30 a.m. at P.U. grounds, Chandigarh. Trials fee @ Rs. 50/- per head shall be charged.

NOTE: The participating colleges will submit attested photocopies of D.M.C. of 10+2 in case the player is studying in U.G. course and that of 10+2 and Graduation if the player is studying in P.G. course, to the University Director of Phy. Edu. Panjab University, Chandigarh duly attested by the Principal of the college.

(Dr. Dalwinder Singh)
University Director of Phy. Edu.

Copy to: Sh. Raj Pal Rana, Sh. C.P. Joshi, Dr. Rakesh Kumar, Sh. V.M. Anand, Sh. Hans Raj, Mrs. Daljeet Singh, Sh. Puran Mashi, Sh. Narain Singh, Sh. Kulwinder Singh for information & n/c.

**DIRECTORATE OF SPORTS
PANJAB UNIVERSITY CHANDIGARH
PANJAB UNIVERSITY SPORTS TOURNAMENT 2014-15.
BASKETBALL FIXTURES, (MEN) B-DIVISION**

No. _____/DS **REGISTERED/SPEED POST** Dated _____.

Chd. College of Arch. Chd. (R)-----		
	28.11.14	
1. G.N. College, Narangwal-----	(9.30 am)	
	27.11.14	-----
2. G.T.B. National College, Dakha-----	27.11.14	

3. Shri Aurobindo Comm. & Mgt. Ldh.-----		
	27.11.14	-----
4. G.C.C. & Buss. Admn. Sec. 42, Chd.-----		28.11.14
		(2.30 pm)
5. G.N. College, Killianwali-----		
	27.11.14	-----
6. Rayat College of Law, Rail Majra-----	27.11.14	-----
7. GGD S.D. College, Haryana-Bye-----	28.11.14	-----
	(10.30 am)	
Khalsa College, Garhdiwala (W)-----		

NOTE: ALL THE TEAMS PLAYING THEIR MATCHES ON 27.11.2014 ARE REQUESTED TO REPORT AT P.U. GROUNDS AT 8.30 A.M. THE MATCHES WILL START AT 9.00 A.M. SHARP.

NOTES

1. All the matches will be played at P.U. Grounds, Chandigarh on the dates mentioned against each.
2. Teams shall bring their own Basketballs.
3. Teams are required to report at the venue of the competition at least 30 minutes before the start of the match.
4. Officiating charges of all the matches will be equally shared by the participating teams on the spot.
5. Each member of your team carry with his/her the latest Identity Card duly signed by the Principal and must be produced at the time of tournament otherwise team will not be allowed to participate. Teams from moffusil colleges should report at P.U. Sports Hostel, Sector-14, Chandigarh for accommodation. Managers/coaches and players are requested to bring their own beddings. Team incharge are supposed to stay with their teams. Security money Rs. 1000/- will be charged from each team which will be refunded after getting the clearance certificate. Principals of moffusil colleges are requested to send the authority letter along with team which consist information regarding name and numbers of manager/coaches and students for accommodation purpose.

6. The Organizing Secretary reserve the right to make changes in schedule of the competition. In the event of any dispute the decision of the Organizing Secretary shall be final.

7. Trials for the selection of P.U. Basketball (Men) team for its participation in the Inter University tournament will be held on 26.11.2014 at 11.30 a.m. at P.U. grounds, Chandigarh. Trials fee @ Rs. 50/- per head shall be charged.

NOTE: The participating colleges will submit attested photocopies of D.M.C. of 10+2 in case the player is studying in U.G. course and that of 10+2 and Graduation if the player is studying in P.G. course, to the University Director of Phy. Edu. Panjab University, Chandigarh duly attested by the Principal of the college.

(Dr. Dalwinder Singh)
University Director of Phy. Edu.

Copy to: Sh. Raj Pal Rana, Sh. C.P. Joshi, Dr. Rakesh Kumar, Sh. V.M. Anand, Sh. Hans Raj,
Mrs. Daljeet Singh, Sh. Puran Mashi, Sh. Narain Singh, Sh. Kulwinder Singh for information
& n/c.

DIRECTORATE OF SPORTS
PANJAB UNIVERSITY CHANDIGARH

No. _____/DS

Registered/Speed Post

Dated: _____

All the members of Panjab University Basketball (Men) Club for the year 2014-15.

Sub: Selection of P.U. Basketball (Men) Team 2014-15.

Dear Sir/Madam,

Panjab University Inter College Basketball (Men) tournament will be held from 25.11.2014 to 26.11.2014 starting at 9.30 a.m. on 25.11.2014 at Panjab University, Chandigarh. The following have been nominated as members of the University Basketball (Men) club. Kindly make it convenient to be present from 25.11.2014 to 26.11.2014 by 9.30 a.m. at Panjab University grounds, Chandigarh to watch the performance of the teams and help us to select the Panjab University Basketball (Men) team. Your TA/DA and sitting charges will be paid by this office as per University rules. Kindly acknowledge the receipt of this letter and confirm your availability.

Thanking you,

Yours sincerely,

(Dr. Dalwinder Singh)
University Director of Phy. Edu.

MEMBERS

1. Pl. (Dr.) Varinder Kaur Thind	Kh. College for Women, Ludhiana	Chairperson
2. Mrs. Suman Malhan	PG G.C.G. Sec. 11, Chandigarh	Hony. Secy.
3. Mrs. Prabhjot Kaur	SCD Govt. College, Ludhiana	Member
4. Dr. Prashant Dass	PG. Govt. College, Sec. 11, Chd.	Member
5. Dr. Mandeep Thour	SGGS College, Chandigarh	Member
6. Sh. Amarjit Singh	Basketball Caoch, Sports Deptt. Chandigarh	Co-opt.Member

DIRECTORATE OF SPORTS
PANJAB UNIVERSITY CHANDIGARH

No. _____/DS Registered/Speed Post Dated: _____

The Principals
All the participating colleges &
DDPE Campus Sports, P.U. Chd.

Sub: Panjab University Inter College Wrestling (Men & Women) Tournament 2014-15.

Dear Sir/Madam,

Panjab University Inter College Wrestling (Men & Women) Tournament will be held at P.U. Gymnasium Hall, Chandigarh as per schedule given below. Once a competitor shall be scaled, his/her weight will be recorded for classification for the corresponding weight class.

SCHEDULE FOR WOMEN TOURNAMENT – VENUE – P.U. GYMNASIUM HALL

- | | | |
|----|--------------|--------------------------------------|
| 1. | Trial Weight | 2.00 p.m. to 3.00 p.m. on 21.11.2014 |
| 2. | Weighing in | 3.00 p.m. to 4.00 p.m. on 21.11.2014 |
| 3. | Tournament | 9.00 a.m. on 22.11.2014 |

The competition for Women shall be conducted in the following weight classes.

- | | | | | |
|-----------|-----------|-----------|-----------|-----------|
| 1. 48 Kg. | 2. 51 Kg. | 3. 55 Kg. | 4. 59 Kg. | 5. 63 Kg. |
| 6. 67 Kg. | 7. 72 Kg. | | | |

SCHEDULE FOR MEN TOURNAMENT – VENUE – P.U. GYMNASIUM, HALL

- | | | |
|----|--------------|--------------------------------------|
| 1. | Trial weight | 2.00 p.m. to 3.00 p.m. on 22.11.2014 |
| 2. | Weighing in | 3.00 p.m. to 4.00 p.m. on 22.11.2014 |
| 3. | Tournament | 9.00 a.m. on 23.11.2014 |

The competition for Men shall be conducted in the following weight classes.

- | | | | | |
|-----------|-----------|------------|-----------|-----------|
| 1. 50 Kg. | 2. 55 Kg. | 3. 60 Kg. | 4. 66 Kg. | 5. 74 Kg. |
| 6. 84 Kg. | 7. 96 Kg. | 8. 120 Kg. | | |

Please send the detailed entry form and eligibility proforma of your college team latest by 17.11.2014 positively, failing which no wrestler will be allowed to take part in the tournament. Each member of your team must carry with him/her the latest Identity Card duly signed by the Principal and must be produced at the time of weighing in as well as start of the event otherwise team will not be allowed to participate.

Teams from moffusil colleges should report at Panjab University sports hostel, Chandigarh for accommodation. Managers/coaches and players are requested to bring their own beddings. Team incharge are supposed to stay with their teams. Security money Rs. 1000/- will be charged from each team which will be refunded after getting the clearance certificate. Principals of moffusil colleges are requested to send the authority letter along with team which consist an information regarding name and numbers of coaches/managers and students for accommodation purpose.

All wrestlers shall be dressed in proper wrestling kit. A college shall be permitted to enter one competitor for each weight class. No competition shall be held where the individuals of different colleges are less than three. Withdrawal will not be allowed in any weight category after weighing in. If any college withdraws their player/s, the point/s for that game will not be included for the award of General Championship trophy.

The Organizing Secretary reserves the right to make changes in schedule of the tournament. In the event of any dispute the decision of the Organizing Secretary shall be final.

P.U. Wrestling (Men & Women) team will be selected for its participation in the Inter University tournament 2014-15 during this tournament.

(Dr. Dalwinder Singh)
University Director of Phy. Edu.

Copy to: Sh. Raj Pal Rana, Sh. C.P. Joshi, Dr. Rakesh Kumar, Sh. V.M. Anand, Sh. Hans Raj, Mrs. Daljit Kaur, Sh. Kulwinder Singh, Sh. Narain Singh, Sh. Puran Mashi, Sh. Lachhman Dass, Sh. Hira Singh for information n/a.

DIRECTORATE OF SPORTS
PANJAB UNIVERSITY CHANDIGARH

No. _____/DS

Registered/Speed Post

Dated: _____

The Principals
All the participating colleges &
DDPE Campus activities

Sub: Panjab University Inter College Best Physique (Men) Tournament 2014-15.

Dear Sir/Madam,

Panjab University Inter College Best Physique (Men) Tournament 2014-15 will be held at Panjab University Gymnasium hall, Chandigarh as per schedule given below:

SCHEDULE FOR THE TOURNAMENT-VENUE- P.U. GYMNASIUM HALL

- | | | |
|----|--------------|--------------------------------------|
| 1. | Trial Weight | 2.00 p.m. to 3.00 p.m. on 11.11.2014 |
| 2. | Weighing in | 3.00 p.m. to 4.00 p.m. on 11.11.2014 |
| 3. | Tournament | 9.00 am. on 12.11.2014 |

The competition shall be conducted in the following weight calasses.

- | | | | | |
|------------------------|------------------|--------------------|------------------|------------------|
| 1. Up to 60 Kg. | 2. 65 Kg. | 3. 70 Kg. | 4. 75 Kg. | 5. 80 Kg. |
| 6. 85 Kg. | 7. 90 Kg. | 8. + 09 Kg. | | |

A college shall be permitted to enter maximum of eight competitor for the tournament and two reserve, but not more than two competitor in a category within maximum of eight entries. Reserve entries if any, can be changed before weighing in. No competition shall be held where the individuals of different colleges are less than three.

Judgement would be on the basis of the most proportionately developed physique.

Any deformity found (covered back bone, stopping posture, bow legged, kyphosis, tosis etc.) will be considered as a disqualification.

The groups shall be split up as follows for purpose of posing.

			Max. Marks
a)	Arms	Deltoid	5
		Biceps & Triceps	5
		Fore-arm	5 (15)
b)	Chest Group	Trapezius	5
		Pectorus Major	5
		Development of Rib	5 (15)
c)	Back Group	Letiemus Dorsi	5
		Overall Back	5 (10)
d)	Abdomen		(10)
e)	Leg Group	Thigh	5
		Calf	5 (10)

PTO

f)	Classical Poses	Front	5	
		Back	5	
		Any other	5	(15)
g)	Agility	Any action say cartwheel hand spring Back flip, hand stand somersault		(10)
h)	Personality	General Impression as a figure, Brightness of eyes, Texture of skin, Proportion etc. As collected by the Judges during the trials.		(15)

For judgement “**Mr. Panjab University**” first position in each weight class shall be considered. In case, a tie, the competitor tied be judged again.

For judging of “**Mr. Panjab University**” title, the following shall be considered.

- a) Classical poses any three
- b) Personality

Dress: The competitor shall wear only posing costumes and no oil or grease should be applied to the body at any stage.

Please send the eligibility proforma of your college team latest by 31.10.2014 positively. Each member of your team carry with him the latest Identity Card duly signed by the Principal and must be produced at the time of weighing in and as well as start of the event otherwise team will not be allowed to participate. Teams from moffusil colleges should report at P.U. Sports Hostel, Sector-14, Chandigarh for accommodation. Managers/coaches and players are requested to bring their own beddings. Team incharge are supposed to stay with their teams. Security money Rs. 1000/- will be charged from each team which will be refunded after getting the clearance certificate. Principals of moffusil colleges are requested to send the authority letter along with team which consist information regarding name and numbers of manager/coaches and students for accommodation purpose.

The Organizing Secretary reserve the right to make changes in schedule of the competition. In the event of any dispute the decision of the Organizing Secretary shall be final.

P.U. Best Physique (Men) team will be selected for its participation in the Inter University tournament 2014-15 during this tournament.

NOTE: The participating colleges will submit attested photocopies of D.M.C. of 10+2 in case the player is studying in U.G. course and that of 10+2 and Graduation if the player is studying in P.G. course, to the University Director of Phy. Edu. Panjab University, Chandigarh duly attested by the Principal of the college.

(Dr. Dalwinder Singh)
University Director of Phy. Edu.

Copy to: Sh. Raj Pal Rana, Sh. C.P. Joshi, Sh. Hans Raj, Sh. Puran Mashi, Sh. Hirs Singh. Sh. Lahnman Dass, Sh. Narain Singh, for information & n/c.

DIRECTORATE OF SPORTS
PANJAB UNIVERSITY CHANDIGARH

No. _____/DS

Registered/Speed Post

Dated: _____

The Principals
All the participating colleges &
DDPE Campus activities

Sub: Panjab University Inter College Power Lifting (Men) Tournament 2014-15.

Dear Sir/Madam,

Panjab University Inter College Power Lifting (Men) Tournament 2014-15 will be held at Panjab University Gymnasium hall, Chandigarh as per schedule given below:

SCHEDULE FOR THE TOURNAMENT-VENUE- P.U. GYMNASIUM HALL

- | | | |
|----|--------------|--------------------------------------|
| 1. | Trial Weight | 2.00 p.m. to 3.00 p.m. on 10.11.2014 |
| 2. | Weighing in | 3.00 p.m. to 4.00 p.m. on 10.11.2014 |
| 3. | Tournament | 9.00 am. on 11.11.2014 |

The competition shall be conducted in the following weight classes.

- | | | | | |
|-------------------|-------------------|---------------------|------------------|------------------|
| 1. 59 Kg. | 2. 66 Kg. | 3. 74 Kg. | 4. 83 Kg. | 5. 93 Kg. |
| 6. 105 Kg. | 7. 120 Kg. | 8. + 120 Kg. | | |

A college shall be permitted to enter maximum of ten competitor for the tournament and two reserve, but not more than two competitor in a category within maximum of ten entries. Reserve entries if any, can be changed before weighing in. No competition shall be held where the individuals of different colleges are less than three.

Following are the minimum starting lifts.

Weight Category	Squat	Bench Press	Dead lift
59 Kg.	132 Kg.	73 Kg.	152 Kg.
66 Kg.	137 Kg.	75 Kg.	157 Kg.
74 Kg.	143 Kg.	78 Kg.	162 Kg.
83 Kg.	150 Kg.	83 Kg.	170 Kg.
93 Kg.	157 Kg.	87 Kg.	175 Kg.
105 Kg.	167 Kg.	90 Kg.	185 Kg.
120 Kg.	172 Kg.	90 Kg.	185 Kg.
+ 120 Kg.	170 Kg.	90 Kg.	180 Kg.

Please send the eligibility proforma of your college team latest by 31.10.2014 positively. Each member of your team carry with him the latest Identity Card duly signed by the Principal and must be produced at the time of weighing in and as well as start of the event otherwise team will not be allowed to participate. Teams from moffusil colleges should report at P.U. Sports Hostel, Sector-14, Chandigarh for accommodation. Managers/coaches and players are requested to bring their own beddings. Team incharge are supposed to stay with their teams. Security money Rs. 1000/- will be charged from each team which will be refunded after getting the clearance certificate. Principals of moffusil colleges are requested to send the authority letter along with team which consist information regarding name and numbers of manager/coaches and students for accommodation purpose.

P.T.O.

The Organizing Secretary reserve the right to make changes in schedule of the competition. In the event of any dispute the decision of the Organizing Secretary shall be final.

P.U. Power Lifting (Men) team will be selected for its participation in the Inter University tournament 2014-15 during this tournament.

NOTE: The participating colleges will submit attested photocopies of D.M.C. of 10+2 in case the player is studying in U.G. course and that of 10+2 and Graduation if the player is studying in P.G. course, to the University Director of Phy. Edu. Panjab University, Chandigarh duly attested by the Principal of the college.

(Dr. Dalwinder Singh)
University Director of Phy. Edu.

Copy to: Sh. Raj Pal Rana, Sh. C.P. Joshi, Sh. Hans Raj, Sh. Puran Mash, Sh. Hirs Singh, Sh. Lahnman Dass, Sh. Narain Singh, for information & n/c.

DIRECTORATE OF SPORTS
PANJAB UNIVERSITY CHANDIGARH

No. _____/DS

Registered/Speed Post

Dated: _____

The Principals
All the participating colleges &
DDPE Campus activities

Sub: Panjab University Inter College Weight Lifting (Men) Tournament 2014-15.

Dear Sir/Madam,

Panjab University Inter College Weight Lifting (Men) Tournament 2014-15 will be held at Panjab University Gymnasium hall, Chandigarh as per schedule given below:

SCHEDULE FOR THE TOURNAMENT- VENUE- P.U. GYMNASIUM HALL

- | | | |
|----|--------------|-------------------------------------|
| 1. | Trial Weight | 2.00 p.m. to 3.00 p.m. on 9.11.2014 |
| 2. | Weighing in | 3.00 p.m. to 4.00 p.m. on 9.11.2014 |
| 3. | Tournament | 9.00 am. on 10.11.2014 |

The competition shall be conducted in the following weight classes.

- | | | | | |
|------------------|-------------------|---------------------|------------------|------------------|
| 1. 56 Kg. | 2. 62 Kg. | 3. 69 Kg. | 4. 77 Kg. | 5. 85 Kg. |
| 6. 94 Kg. | 7. 105 Kg. | 8. + 105 Kg. | | |

A college shall be permitted to enter maximum of eight competitor for the tournament and two reserve, but not more than two competitor in a category within maximum of eight entries. Reserve entries if any, can be changed before weighing in. No competition shall be held where the individuals of different colleges are less than three.

Following are the minimum starting lifts.

Weight Category	Snatch	Clean & Jerk
56 Kg.	60 Kg.	80 Kg.
62 Kg.	65 Kg.	85 Kg.
69 Kg.	70 Kg.	90 Kg.
77 Kg.	75 Kg.	95 Kg.
85 Kg.	80 Kg.	100 Kg.
94 Kg.	85 Kg.	105 Kg.
105 Kg.	90 Kg.	110 Kg.
+ 105 Kg.	90 Kg.	105 Kg.

Please send the eligibility proforma of your college team latest by 31.10.2014 positively. Each member of your team carry with him the latest Identity Card duly signed by the Principal and must be produced at the time of weighing in and as well as start of the event otherwise team will not be allowed to participate. Teams from moffusil colleges should report at P.U. Sports Hostel, Sector-14, Chandigarh for accommodation. Managers/coaches and players are requested to bring their own beddings. Team incharge are supposed to stay with their teams. Security money Rs. 1000/- will be charged from each team which will be refunded after getting the clearance certificate. Principals of moffusil colleges are requested to send the authority letter along with team which consist information regarding name and numbers of manager/coaches and students for accommodation purpose.

P.T.O.

The Organizing Secretary reserve the right to make changes in schedule of the competition. In the event of any dispute the decision of the Organizing Secretary shall be final.

P.U. Weight Lifting (Men) team will be selected for its participation in the Inter University tournament 2014-15 during this tournament.

NOTE: The participating colleges will submit attested photocopies of D.M.C. of 10+2 in case the player is studying in U.G. course and that of 10+2 and Graduation if the player is studying in P.G. course, to the University Director of Phy. Edu. Panjab University, Chandigarh duly attested by the Principal of the college.

(Dr. Dalwinder Singh)
University Director of Phy. Edu.

Copy to: Sh. Raj Pal Rana, Sh. C.P. Joshi, Sh. Hans Raj, Sh. Puran Mashri, Sh. Hirs Singh. Sh. Lahnman Dass, Sh. Narain Singh, for information & n/c.

DIRECTORATE OF SPORTS
PANJAB UNIVERSITY CHANDIGARH

No. _____/DS **Registered/Speed Post** Dated: _____

The Principals
All the participating colleges &
DDPE Campus activities

Sub: Panjab University Inter College Power Lifting (Women) Tournament 2014-15.

Dear Sir/Madam,

Panjab University Inter College Power Lifting (Women) Tournament 2014-15 will be held at Panjab University Gymnasium hall, Chandigarh as per schedule given below:

SCHEDULE FOR THE TOURNAMENT-VENUE- P.U. GYMNASIUM HALL

- | | | |
|----|--------------|-------------------------------------|
| 1. | Trial Weight | 2.00 p.m. to 3.00 p.m. on 8.11.2014 |
| 2. | Weighing in | 3.00 p.m. to 4.00 p.m. on 8.11.2014 |
| 3. | Tournament | 9.00 am. on 9.11.2014 |

The competition shall be conducted in the following weight classes.

- | | | | | |
|------------------|--------------------|------------------|------------------|------------------|
| 1. 47 Kg. | 2. 52 Kg. | 3. 57 Kg. | 4. 63 Kg. | 5. 72 Kg. |
| 6. 84 Kg. | 7. + 84 Kg. | | | |

A college shall be permitted to enter maximum of ten competitor for the tournament and two reserve, but not more than two competitor in a category within maximum of ten entries. Reserve entries if any, can be changed before weighing in. No competition shall be held where the individuals of different colleges are less than three.

Following are the minimum starting lifts.

Weight Category	Squat	Bench Press	Dead lift
47 Kg.	43 Kg.	25 Kg.	68 Kg.
52 Kg.	55 Kg.	30 Kg.	75 Kg.
57 Kg.	57 Kg.	32 Kg.	80 Kg.
63 Kg.	58 Kg.	35 Kg.	85 Kg.
72 Kg.	60 Kg.	35 Kg.	90 Kg.
84 Kg.	65 Kg.	35 Kg.	90 Kg.
+ 84 Kg.	55 Kg.	30 Kg.	87 Kg.

Please send the eligibility proforma of your college team latest by 31.10.2014 positively. Each member of your team carry with him the latest Identity Card duly signed by the Principal and must be produced at the time of weighing in and as well as start of the event otherwise team will not be allowed to participate. Teams from moffusil colleges should report at P.U. Sports Hostel, Sector-14, Chandigarh for accommodation. Managers/coaches and players are requested to bring their own beddings. Team incharge are supposed to stay with their teams. Security money Rs. 1000/- will be charged from each team which will be refunded after getting the clearance certificate. Principals of moffusil colleges are requested to send the authority letter along with team which consist information regarding name and numbers of manager/coaches and students for accommodation purpose.

P.T.O.

The Organizing Secretary reserve the right to make changes in schedule of the competition. In the event of any dispute the decision of the Organizing Secretary shall be final.

P.U. Power Lifting (Women) team will be selected for its participation in the Inter University tournament 2014-15 during this tournament.

NOTE: The participating colleges will submit attested photocopies of D.M.C. of 10+2 in case the player is studying in U.G. course and that of 10+2 and Graduation if the player is studying in P.G. course, to the University Director of Phy. Edu. Panjab University, Chandigarh duly attested by the Principal of the college.

(Dr. Dalwinder Singh)
University Director of Phy. Edu.

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Sh. Narain Singh, for information & n/c.

**DIRECTORATE OF SPORTS
PANJAB UNIVERSITY CHANDIGARH**

No. _____/DS

Registered/Speed Post

Dated: _____

The Principals
All the participating colleges &
DDPE Campus activities

Sub: Panjab University Inter College Weight Lifting (Women) Tournament 2014-15.

Dear Sir/Madam,

Panjab University Inter College Weight Lifting (Women) Tournament 2014-15 will be held at Panjab University Gymnasium hall, Chandigarh as per schedule given below:

SCHEDULE FOR THE TOURNAMENT- VENUE- P.U. GYMNASIUM HALL

- | | | |
|----|--------------|-------------------------------------|
| 1. | Trial Weight | 2.00 p.m. to 3.00 p.m. on 7.11.2014 |
| 2. | Weighing in | 3.00 p.m. to 4.00 p.m. on 7.11.2014 |
| 3. | Tournament | 9.00 am. on 8.11.2014 |

The competition shall be conducted in the following weight classes.

- | | | | |
|------------------|------------------|--------------------|------------------|
| 1. 48 Kg. | 2. 53 Kg. | 3. 58 Kg. | 4. 63 Kg. |
| 5. 69 Kg. | 6. 75 Kg. | 7. + 75 Kg. | |

A college shall be permitted to enter maximum of eight competitor for the tournament and two reserve, but not more than two competitor in a category within maximum of eight entries. Reserve entries if any, can be changed before weighing in. No competition shall be held where the individuals of different colleges are less than three.

Following are the minimum starting lifts.

Weight Category	Snatch	Clean & Jerk
48 Kg.	22 Kg.	32 Kg.
53 Kg.	25 Kg.	32 Kg.
58 Kg.	27 Kg.	35 Kg.
63 Kg.	27 Kg.	37 Kg.
69 Kg.	27 Kg.	37 Kg.
75 Kg.	30 Kg.	37 Kg.
+ 75 Kg.	30 Kg.	37 Kg.

Please send the eligibility proforma of your college team latest by 31.10.2014 positively. Each member of your team carry with him the latest Identity Card duly signed by the Principal and must be produced at the time of weighing in and as well as start of the event otherwise team will not be allowed to participate. Teams from moffusil colleges should report at P.U. Sports Hostel, Sector-14, Chandigarh for accommodation. Managers/coaches and players are requested to bring their own beddings. Team incharge are supposed to stay with their teams. Security money Rs. 1000/- will be charged from each team which will be refunded after getting the clearance certificate. Principals of moffusil colleges are requested to send the authority letter along with team which consist information regarding name and numbers of manager/coaches and students for accommodation purpose.

P.T.O.

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The Organizing Secretary reserve the right to make changes in schedule of the competition. In the event of any dispute the decision of the Organizing Secretary shall be final.

P.U. Weight Lifting (Women) team will be selected for its participation in the Inter University tournament 2014-15 during this tournament.

NOTE: The participating colleges will submit attested photocopies of D.M.C. of 10+2 in case the player is studying in U.G. course and that of 10+2 and Graduation if the player is studying in P.G. course, to the University Director of Phy. Edu. Panjab University, Chandigarh duly attested by the Principal of the college.

(Dr. Dalwinder Singh)
University Director of Phy. Edu.

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